

Bellinzona

Bios+ Benefits for Employees and Students

Infant daycare - Education – Language courses

Ape Maia Nursery Association

Contact: Manuela Turchi, www.asilonidoapemaia.com, +41 91 857 57 64

A new nursery opened in Bellinzona, Open Gerretta district. Please contact IOR HR for more information.

Benefits: reserved places, priority in the waiting list, special rates.

See also: <https://www.facebook.com/share/v/tC9mkBgmLWUfPS4c/>

Italian language courses

Contact: <https://www.desk.usi.ch/en/italian-language-courses-bellinzona-campus>

Free online Italian language courses for IRB and IOR members.

English language courses

Contact: <https://www.desk.usi.ch/it/corsi-di-lingua-inglese-campus-bellinzona>

Free online English language courses for IRB and IOR members.

TASIS, The American School in Switzerland, Montagnola

Contact: <https://www.tasis.ch/admissions/request-information>

From 10% tuition reduction. Please mention the partnership with IOR/IRB if you contact the Admissions department to verify the reduction for your case.

TASIS is a not-for-profit educational foundation operated founded by the Crist-Fleming-Aeschliman family. Its roots reach deep and back over a century to the world before 1914, with an uninterrupted succession of American and Swiss family members as administrators and teachers.

TASIS welcomes young people from all nationalities to an educational community fostering a passion for excellence and mutual respect and understanding.

IST, International School of Ticino, Cadempino

Contact: <https://www.isticino.com>

10% tuition reduction. Please mention the partnership with IOR/IRB if you contact the Admissions department.

IST is the only accredited International Baccalaureate Continuum School in the Canton of Ticino offering the (IB), Primary Years Programme (PYP), Middle Years Programme (MYP), and Diploma Programme (DP) for students from 3-18/19.

At the IST, the students are at the centre. All IST does is to facilitate them to become lifelong learners. The school achieves this through its school culture, which is rooted in the IB Mission statement, which states:

The International Baccalaureate® aims to develop inquiring, knowledgeable, and caring young people who help create a better and more peaceful world through intercultural understanding and respect.



IRB
Institute for Research in Biomedicine
info@irb.usi.ch
irb.usi.ch

IOR
Institute of Oncology Research
info@ior.usi.ch
ior.usi.ch

Culture

Fortezza Bellinzona

Contact: <https://fortezzabellinzona.ch>

The Bellinzona Fortress is a UNESCO World Heritage Site unique to Europe. 20% ticket reduction on the single entrance.

Fortezza Pass (3 Castles, museums, and temporary exhibitions) CHF 18

Groups >10: CHF 18 p.P. (to be announced at info@fortezzabellinzona.ch)

The Expo Pass is a combined ticket that allows access to the temporary exhibitions at Castel Grande, Sasso Corbaro, and Museo Villa dei Cedri, CHF 30

Villa dei Cedri Museum

Contact: www.villacedri.ch

Free Access for students

Teatro Sociale

Contact: www.teatrosociale.ch

50% ticket reduction or CHF 80 for 8 performances (free choice from the seasonal program) for IRB and IOR students.

Cantonal Library

Contact: www.sbt.ti.ch/bcb/home

Access to services is available through free USI/Bibliopass user card enablement for USI students. For IRB and IOR employees, a one-time fee for card activation is CHF 20. [More information](#).

Banks

UBS

Contact: Ismaela Cordella (ismaela.cordella@ubs.com, +41 91 801 31 73),

Artan Prenqi (artan.prenqi@ubs.com, +41 91 801 35 17),

Katia Carbone (katia.carbone@ubs.com, +41 91 801 33 53)

Special conditions for IRB and IOR members: the first two years are free of charge.

Banca Stato

Contact: www.bancastato.ch, +41 91 803 71 11

Account free of charge up to 25 years of age.

Health insurance - Other Insurances

Helsana

Contact: Alessio Scalmazzi (alessio.scalmazzi@helsana.ch, +41 079 749 32 99)
Discounts on complementary insurance (LCA). Info: www.helsana.ch/it/privati.html

Farmacia Portone, Bellinzona (Pedrazzetti Group)

Contact: www.farmaco.ch
10% discount for IRB and IOR members

Zurich

Contact: Paolo Mozzini (paolo.mozzini@zurich.ch, +41 76 378 77 88)
10% to 20% discount on home, car, liability, legal protection insurance. Social security, pension, and welfare analysis (free of charge for Zurich customers). [More Info.](#)

ConfinaPro

Contact: Matay Hobil, amministrazione@confinapro.ch, +41 79 957 73 16.
Insurance brokers and consultants. [More info.](#)

Psychologic support services

Laboratory of Occupation Psychopathology

Contact: www4.ti.ch/dss/dsp/osc/chi-siamo/laboratorio-di-psicopatologia-del-lavoro
USI has a mandate with the Laboratory for employees and students who need psychological counseling and support (physical/emotional stress related to a demanding work or study situation).

USI in ascolto

Contact: www.desk.usi.ch/en/usi-in-ascolto
The support desk is dedicated to employees who are going through psychological or relational difficulties.

Psychological Counselling service

Contact: www.desk.usi.ch/en/psychological-counselling-service
USI's psychological counseling service was created many years ago in collaboration with the Ticino Psychologists Association. USI's mediator: Atty Francesco Galli.

Hotels and Restaurants

Hotel Unione, Bellinzona

Contact: www.hotelunione.org, +41 91 825 55 77

10% discount on restaurant and hotel services.

Hotel & SPA Internazionale, Bellinzona

Contact: www.hotel-internazionale.ch, +41 91 825 43 33

10% discount on room rates, info@hotel-internazionale.ch

Grottino Ticinese, Bellinzona

Contact: www.grottinoticinesebellinzona.ch, +41 91 826 39 64

10% discount at lunchtime, take-away included.

Ristorante e pizzeria alla Torretta, Bellinzona

Contact: www.allatorrettabelinzona.com, +41 91 211 01 60

15% discount.

PioPio Pizza, Bellinzona

Contact: www.piopiopizza.ch, +41 79 349 28 23

15% discount on purchases from CHF 10.-.

Little Inka Poke, Bellinzona

Contact: <https://littleinka.ch>, +41 76 200 38 11

10% discount.

Mensa SSAT

Contact: www.sssat.ti.ch/ristoranti/ristoranti.cfm, +41 91 814 65 11

Access to the canteen of the High School of Hospitality and Tourism (SSAT).

Matasci Fratelli Wine Shop, Tenero

Contact: www.matasci-vini.ch, +41 91 735 60 11

10% discount in the shop, +5% if paid cash/credit card.

Public transportation

Please note that before purchasing the annual travel card Arcobaleno or the SBB half-fare travel card, you must register at www.SwissPass.ch. Thanks to the SwissPass number and the link between SwissPass and the SBB app, subscriptions and tickets can be uploaded electronically to the SwissPass card/the SBB app.

Arcobaleno Ticino

Annual travel card with a 40% discount for IRB and IOR salaried employees

To apply:

1. Follow this [link](#)
2. In the field "Datore di lavoro" write "Fondazione per l'Istituto oncologico di ricerca" (IOR) or "Fondazione per l'Istituto di Ricerca in Biomedicina" (IRB)
3. In the field "Indirizzo e-mail del servizio preposto" write HR@ior.usi.ch (IOR) or accounting.irb@irb.usi.ch (IRB)

SBB Half Fare Travelcard

IOR: the Half Fare Travelcard is reimbursed if traveling for business purposes.

Please contact your HR service who will buy the half fare travelcard for you.

IRB: The administration reimburses the half-fare travel card to the PhD students upon receipt of the request for reimbursement form signed by the group leader and the receipt.

Bike Sharing, Bellinzona

Monitor the website <https://www.velospot.info> for discounts.

Cars

Please contact IOR HR or IRB HR to have the garage form completed and signed by your employer.

AMAG Garage (VW, Audi, Seat, Skoda), Bellinzona and Giubiasco

Contact: www.amag.ch, +41 91 851 33 80

Autors SA (ex Carpoint SA) - (Volvo, Renault, Ford, Alpine), Giubiasco

Contact: www.autors.ch; +41 91 857 13 61

Mercedes Winteler Garage, Giubiasco

Contact: www.winteler.ch, +41 91 850 60 60

Mazda Pianezzi Garage, Giubiasco

Contact: info@garagepianezzi.ch, +41 91 851 30 10

Sport

Bellinzona Outdoor Swimming Pool

Contact: www.sport.bellinzona.ch/Bagno-pubblico

Season ticket: CHF 100 (Masters and PhD students) or CHF 200 for employees

Annual ticket: CHF 200 (Masters and PhD students) or CHF 400 for employees

Bellinzona Indoor Swimming Pool

Contact: www.sport.bellinzona.ch/Bagno-pubblico

Season ticket: CHF 140 (students) or CHF 250 for employees

Annual ticket: CHF 200 (Masters and PhD students) or CHF 400 for employees

Lido di Locarno Indoor & Outdoor Swimming Pools, Waterslides, access to the lake

Contact: www.lidolocarno.ch

Single entrance adult: CHF 10.40 swimming pools

Single entrance adult: CHF 14.40 swimming pools and waterslides

10 entrances adult Swimming pools a/o Fitness: 5% discount.

The price varies from CHF 77 to CHF 178, depending on whether you include swimming pools and fitness areas or are "domiciliato" (live) in Locarno.

Annual card: 40% discount.

Restrictions: entry hours are Monday to Friday, 11:30-14:00, and 19:00-21:00

The price varies from CHF 399 to CHF 828, depending on whether you include swimming pools, fitness areas, and courses or are "domiciliato" (live) in Locarno.

Annual card or 4-month card: 15% discount.

Without restrictions.

Splash & Spa Rivera

Contact: www.splashespa.ch

Single entrance adult: 25% discount, including 3 companions.

9-month card: CHF 990

12-month card: CHF 1'290

Description of services:

- Recognized by QualiCert health insurers
- Unlimited access to the entire facility
- Courses included
- Specially designed spa-fitness locker rooms
- Stretching room
- 10% discount on treatments, massages, and F&B drinks
- Special promotions and dedicated events
- Annual parking pass CHF 60
- The card's special price is also valid for your companion, even if not an IOR or IRB community member
- Card can be purchased at the entrance of the Splash & Spa

Tennis Club Bellinzona (TCB)

Contact: www.tcbellinzona.ch, Mr. Steve Brunetti, President,

steve.brunetti@bluewin.ch, +41 78 803 82 82

Basketball

Contact: Luca Simonelli, luca.simonelli@irb.usi.ch
Gorduno gym hall is reserved every Wednesday from 18:00 to 20:00.

Soccer

Contact: Lucio Barile, lucio.barile@eoc.ch or Andrea Alimonti,
andrea.alimonti@ior.usi.ch

Grass fields at City Park (outside Bios+ building). If interested, book the field online at: www.csb.assolo.net/centri-calcistici (no locker rooms/no light).

Athletics

Contact: Runners Club Bellinzona, +41 79 617 60 28.

Possibility of running on the track or in the area with free reservation of locker room and showers. The amateur running group meets regularly on Tuesday evenings at the Bellinzona Municipal Stadium.

Active Fitness, Bellinzona

Contact: www.activfitness.ch, +41 91 821 78 70

10% discount.

Special summer card, 3 months, CHF 170 (valid from 2025).

1881 Tango Academy, Bellinzona

Contact: www.1881-tango.ch, +41 78 606 02 57

50% discount.

**Please
show partners your IOR or IRB card
to qualify for benefits**

For more information:

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HR@ior.usi.ch

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